KIMBERLEY
CARING FOR THE ELDERLY SINCE 1986
FRIENDLY & HOMELY CARE 24/7
About Us

Kimberley has been caring for the Elderly since 1986 in friendly and homely surroundings. Set off the road in a rural outlook, Kimberley is a lovely Oamaru stone building with a large flower garden. It is located in the small town of Palmerston, about 40 minutes’ drive from Dunedin.

It has been a sought after place for residents wanting to move to a quiet, beautiful and country side home-like environment.

We have Single rooms (12 in Rest Home Care and 12 in Dementia Care), some with ensuites, along with 2 lounge areas, 2 large dining areas, a sunny veranda, sunroom with beautiful scenic views, lawn for both Rest Home and Dementia unit, complimented by a beautiful garden.

Kimberley has readily accessible Managers, Registered Nurses, experienced Caregivers, Cooks, an Activity Coordinator and other staff who are dedicated to ensure quality care for residents. All of them continuously support the residents and make them feel like at home while staying at Kimberley.

At Kimberley our philosophy is to meet the needs of the elderly who require care, comfort and companionship.

Also Kimberley is well respected part of Palmerston and has been proudly supporting people in the region, by providing care for the elderly and employment to over 20 staff from local and nearby villages.
Kimberley provides following services:
- Rest Home Care
- Dementia Care
- Respite Care
- Day Care

We are staffed 24 hours a day, Seven days a week. Our multi-disciplinary staff are committed to providing quality care to all residents. We also have staff on On-call to attend after hours emergencies.

We have an integrated secure special care unit for residents with confusion or wandering behaviour (Dementia).

For Vacancy details please call 03 465 1515 or 03 465 1596.

**ADDITIONAL INFORMATION**

<table>
<thead>
<tr>
<th>PERSONNEL</th>
<th>SPECIALITIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contract with DHB</td>
<td>Oxygen Management Yes*</td>
</tr>
<tr>
<td>Physiotherapist</td>
<td>Wound Care Yes*</td>
</tr>
<tr>
<td>Certification</td>
<td>Continence Advisor Yes</td>
</tr>
<tr>
<td>Hairdresser</td>
<td>Infection Control Yes</td>
</tr>
<tr>
<td>Additional Room costs</td>
<td></td>
</tr>
<tr>
<td>Kaumatua</td>
<td></td>
</tr>
<tr>
<td>Registered Nurse</td>
<td></td>
</tr>
<tr>
<td>Chaplain</td>
<td></td>
</tr>
<tr>
<td>24/7 Caregivers</td>
<td></td>
</tr>
<tr>
<td>Dietitian</td>
<td></td>
</tr>
<tr>
<td>Activities Coordinator</td>
<td></td>
</tr>
<tr>
<td>Other Personnel</td>
<td></td>
</tr>
<tr>
<td>(Maintenance/Gardener)</td>
<td></td>
</tr>
<tr>
<td>Podiatrist</td>
<td></td>
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</tbody>
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*Note: Some services are by arrangement through referral or private care. Additional charges may apply.*
FEATURES

<table>
<thead>
<tr>
<th>Feature</th>
<th>Yes</th>
<th>Rooms (Single)</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 65yrs with Disability</td>
<td>Yes</td>
<td>Rooms (Suit Couple)</td>
<td>Yes</td>
</tr>
<tr>
<td>En suite</td>
<td>Yes</td>
<td>Maori Kaupapa</td>
<td>Yes</td>
</tr>
<tr>
<td>Day Care</td>
<td>Yes</td>
<td>Residents Committee</td>
<td>Yes</td>
</tr>
<tr>
<td>May Bring Own Furniture</td>
<td>Yes</td>
<td>Resident can adjust heating in own room</td>
<td>Yes</td>
</tr>
<tr>
<td>Primary Health Funded</td>
<td>Yes</td>
<td>Newsletter</td>
<td>Yes</td>
</tr>
<tr>
<td>Short Term Care</td>
<td>Yes</td>
<td>Semi-Secure</td>
<td>Yes</td>
</tr>
<tr>
<td>Alcohol Permitted</td>
<td>Yes</td>
<td>Sprinklers</td>
<td>Yes</td>
</tr>
<tr>
<td>Palliative Care</td>
<td>Yes</td>
<td>Religious/Spiritual affiliations</td>
<td>Yes</td>
</tr>
<tr>
<td>Pets in Residence</td>
<td>Yes</td>
<td>Nurse call system</td>
<td>Yes</td>
</tr>
<tr>
<td>Whanau Room</td>
<td>Yes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wi-Fi</td>
<td>Yes</td>
<td></td>
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</table>

Additional Services are available at extra cost:
- Phone, Broadband, Sky TV, Magazine and Newspaper in individual rooms
- Clothing, Toiletries and Hairdressing
- Hearing Tests, Dental health maintenance etc.

SPECIAL FEATURES

We provide delicious home cooked meals (approved by dietician) with all diets catered for. Our residents love their meals and we receive compliments on our catering from visitors and family. Kimberley would like to maintain this tradition and continue to provide high quality meals.

We have appropriate staffing across all level of care. Our staff have required qualification/certification, including an activity programme offering both individual and group activities.

We have a vehicle for residents Outings supported by a dedicated Activities Coordinator. Kimberley values and respects individual needs and lives of the residents and takes feedback seriously. We continue to work hard to meet the needs of the residents and improve the services.

LOCAL AMENITIES / DISTANCE

<table>
<thead>
<tr>
<th>Location</th>
<th>Distance</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transport</td>
<td>0.00 km</td>
<td>Where possible we assist to get residents to appointments and/or social events, as required.</td>
</tr>
<tr>
<td>Shops</td>
<td>0.30 km</td>
<td>Local shops are only 2 minutes away. Shopping trips regularly feature in our extensive activity program.</td>
</tr>
<tr>
<td>Mall</td>
<td>54.00 km</td>
<td>Dunedin is about 40 minutes' drive from Palmerston</td>
</tr>
<tr>
<td>Recreational Facilities</td>
<td>1-10km</td>
<td>Parks, Beaches and other recreational facilities are available within close proximity</td>
</tr>
<tr>
<td>Library</td>
<td>0.30 km</td>
<td>Open 5 days a week</td>
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Activities

Kimberley organises Outings for Residents, this includes meeting with senior groups, families, friends and other community organisations on a regular basis. Our goal is to encourage residents to maintain their relationships with their nearest and dearest and help them with things that interest them.

We have a Van for residents Outings supported by a dedicated Activities Coordinator who offers following services on a regular basis:

- Entertainment (Movies, Videos, Audio, Documentaries etc.)
- quizzes, ball games, bowls, exercises, crafts, housie, trips out, board games, shopping expeditions and visiting musicians - piano and organ music, newspaper reading, Church services monthly and ability to go to own church services

Also
- School groups visit to entertain
- Visitors bring in their pets to entertain residents.
- Email and internet availability
- Blind foundation send talking books
- Breakfast in bed
- Affiliation with other rest homes so we meet with them for games, concerts etc.
- Theme party days i.e., Queens Birthday, Valentine’s day and Christmas themed events
• **What is Rest Home Care?**
Rest Home Care is where elderly people live in a Rest Home, requiring low level of care. This involves assistance for taking a shower and providing of meals etc.

• **What is Dementia Care?**
Dementia is the term used when a person experiences a gradual loss of brain function due to physical changes in the structure of their brain. This condition affects a person’s ability to think and remember, thus interfering with their capability to lead a normal life. Specialist care and a safer environment are usually recommended in such cases.

• **What is Respite Care?**
Respite Care is designed to provide short-term breaks for the carers of a disabled person, while also providing a positive, stimulating and worthwhile experience for the disabled person.

• **What is Day Care / Carer Support?**
Many rest homes will accept a day stay residents on an informal basis. This service offers the carer/support person a break, usually for a day or two.

• **What do you mean by Palliative Care?**
It is also termed as “End of Life Care”; it is available at Rest Home as well as Hospital Care level.

• **What is Daily Care fee?**
Daily Care fee covers the residential care services we are contracted to provide by the District Health Board (DHB). The fee is set annually by the DHB for aged care facilities within the region, this covers the cost, including:

  - Accommodation
  - Meals/Food Services
  - Laundry Services
  - Nursing Care and other care
  - GP Visits
  - All Healthcare prescribed by GP
  - Prescribed Medication
    (Pharmac approved only)
  - Continence Products
  - Transport to Health Service

• **What services are NOT covered by Daily Care Fee/Subsidy?**
  - Specialist Visit
  - Private Phone, Toll Calls, Internet, Fax etc.
  - Spectacles, Hearing Aids, Dental etc.
  - Any other services that are not funded by DHB
  - Personal magazines, newspaper, books etc.
  - Personal Toiletries

• **Where do I start or what are the steps involved?**
You will first need to complete a Residential Care Needs Assessment. You can either ask your GP for a referral to NASC needs assessor, or you can request an assessment directly from your DHB.
You will need to appoint an Enduring Power of Attorney for Personal Care. These are legal documents that give another person of your choice the power to make decisions on hour behalf if the need arises.
If you wish to apply for a Residential Care Subsidy, you need to call WINZ on 0800 999 727 for advice about eligibility. They will assess your financial situation and make the decision.
Testimonials

"It's like being in my own home"
- Resident

"The staff are wonderful, always willing to do anything for you"
- Resident

"The home has a lot of traditional features, it's what my mother remembers"
- Resident's family

"Love the home cooking and the smell of freshly baked scones in the morning"
- Resident

"Love looking at the animals outside in the surrounding paddocks, instead of someone's fence"
- Resident

"Because we are only a small rest home, we get to know the residents and family very well"
- Staff

"Our residents are like our extended family"
- Staff

"I wish to thank you all most sincerely for looking after my sister with high level of care..."
- Resident's family

03 465 1515 / 96  kimberley@kimberley.nz
53 Ronaldsay St, Palmerston 9430  www.kimberley.nz
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